



TGX:TSX-V

TRUE NØRTH GEMS

MEDIA RELEASE

True North Gems Grants Stock Options

November 15, 2013 - Vancouver, British Columbia - True North Gems Inc. (TSX-V: TGX) announces that it has granted 7,050,000 stock options to its directors, officers and consultants. The options have an exercise price of \$0.12 per share and will expire on November 15, 2018.

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